
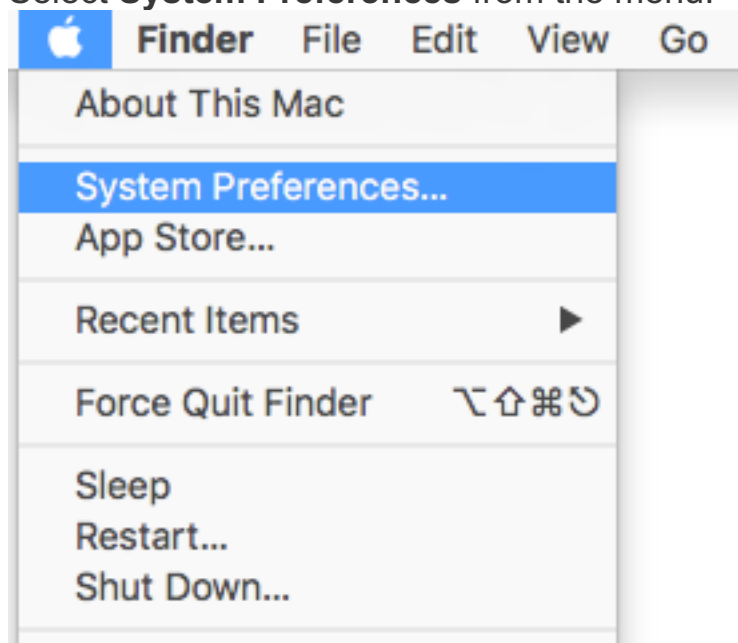


# Using your keyboard to control the mouse in macOS 10.15 Catalina

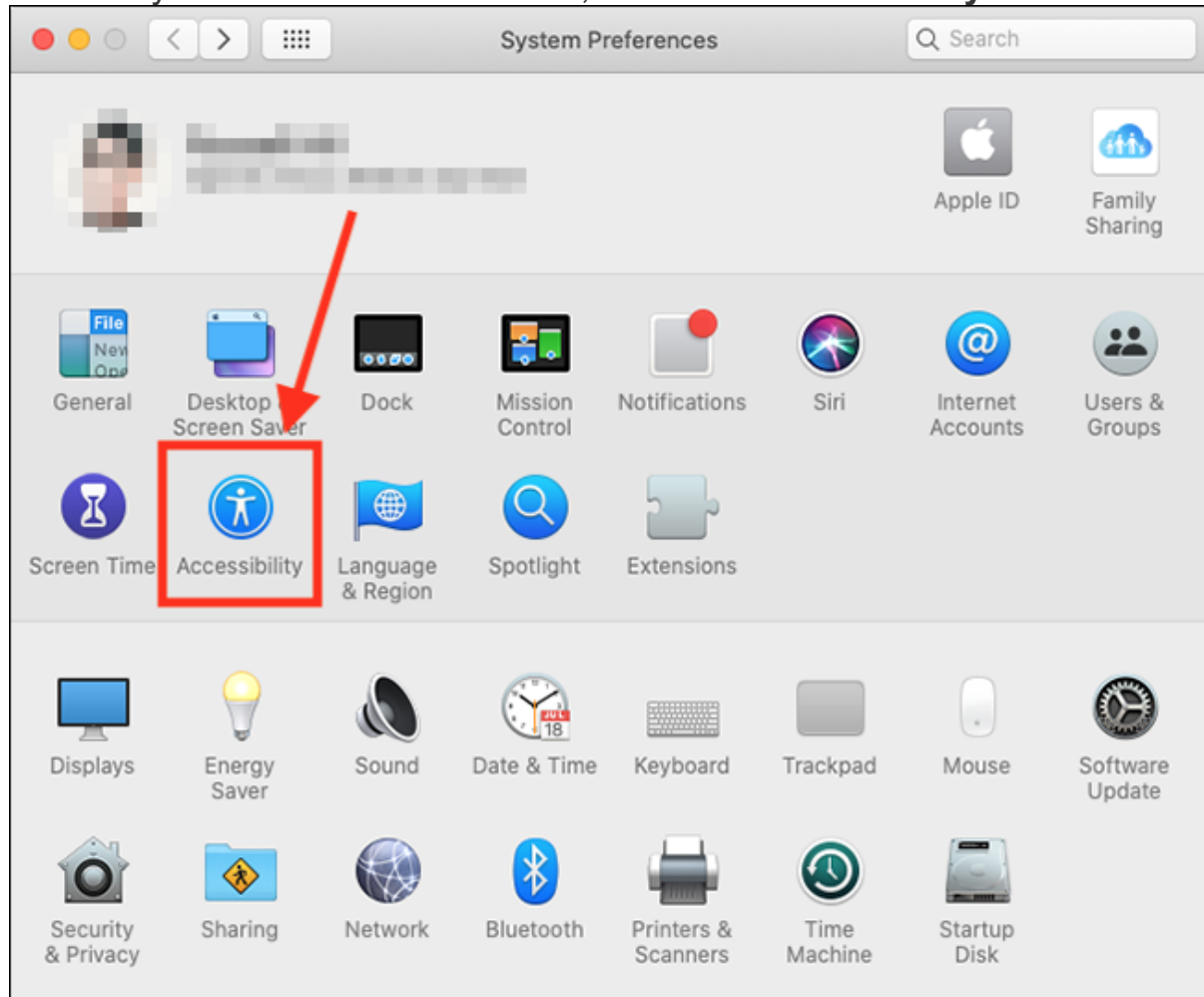
Your computer can be operated entirely using the keyboard and doing so can often be faster and easier than using the mouse.

## How to Mouse Keys to use your keyboard as a mouse

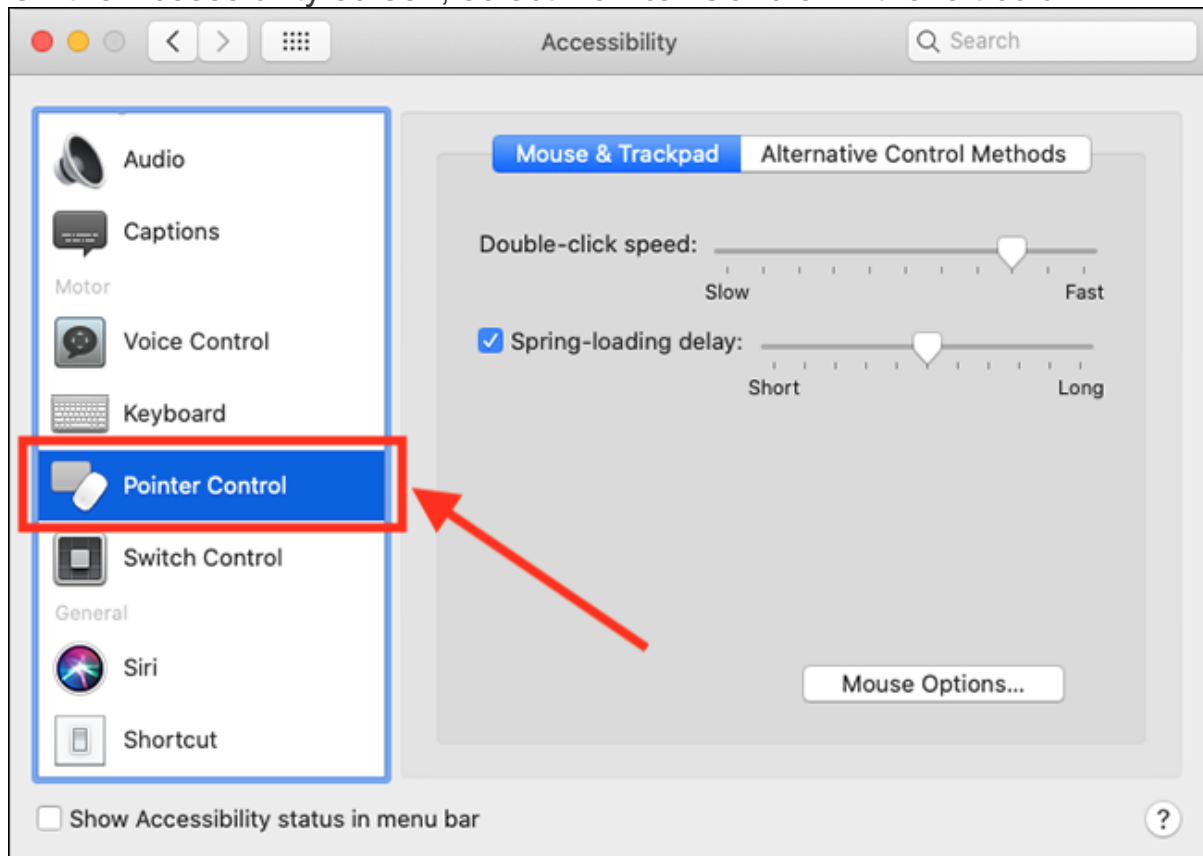
1. Select the Apple icon  in the top left corner of the screen.
2. Select **System Preferences** from the menu.



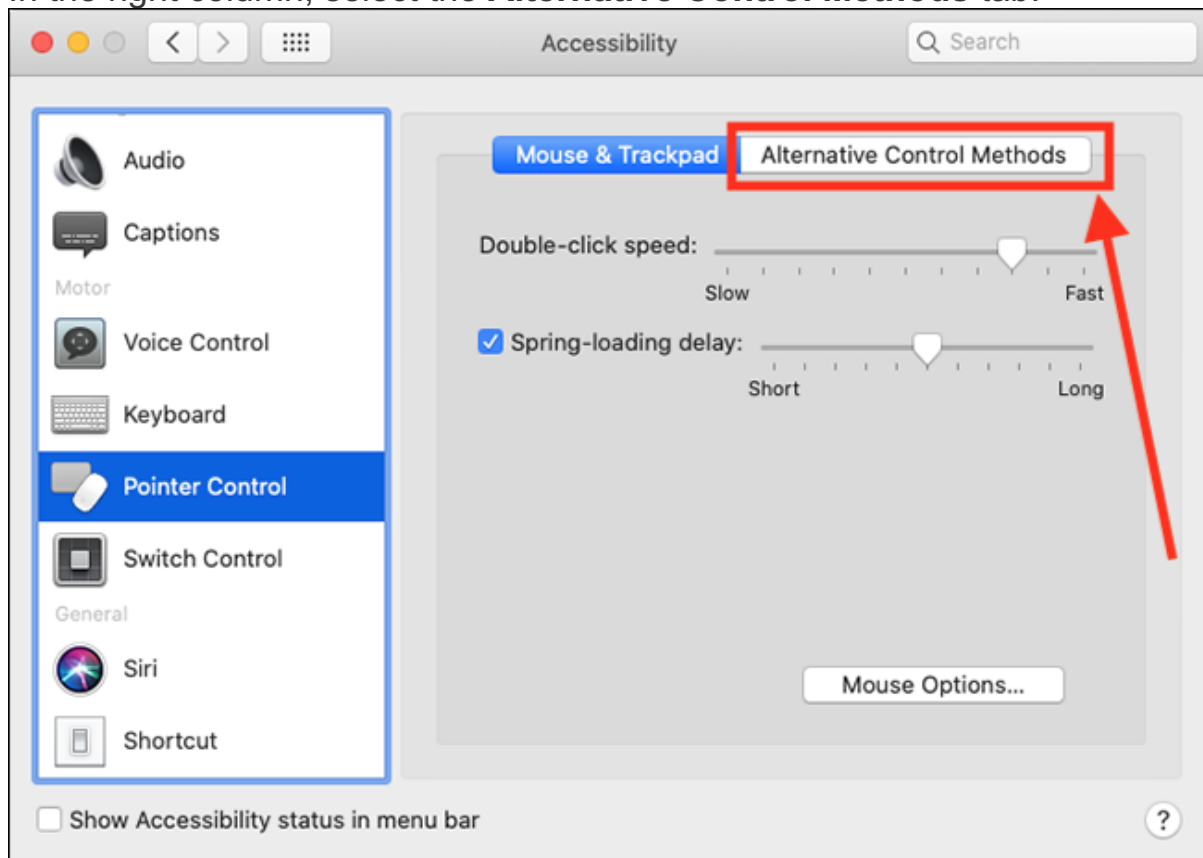
3. On the System Preferences window, select the **Accessibility** icon.



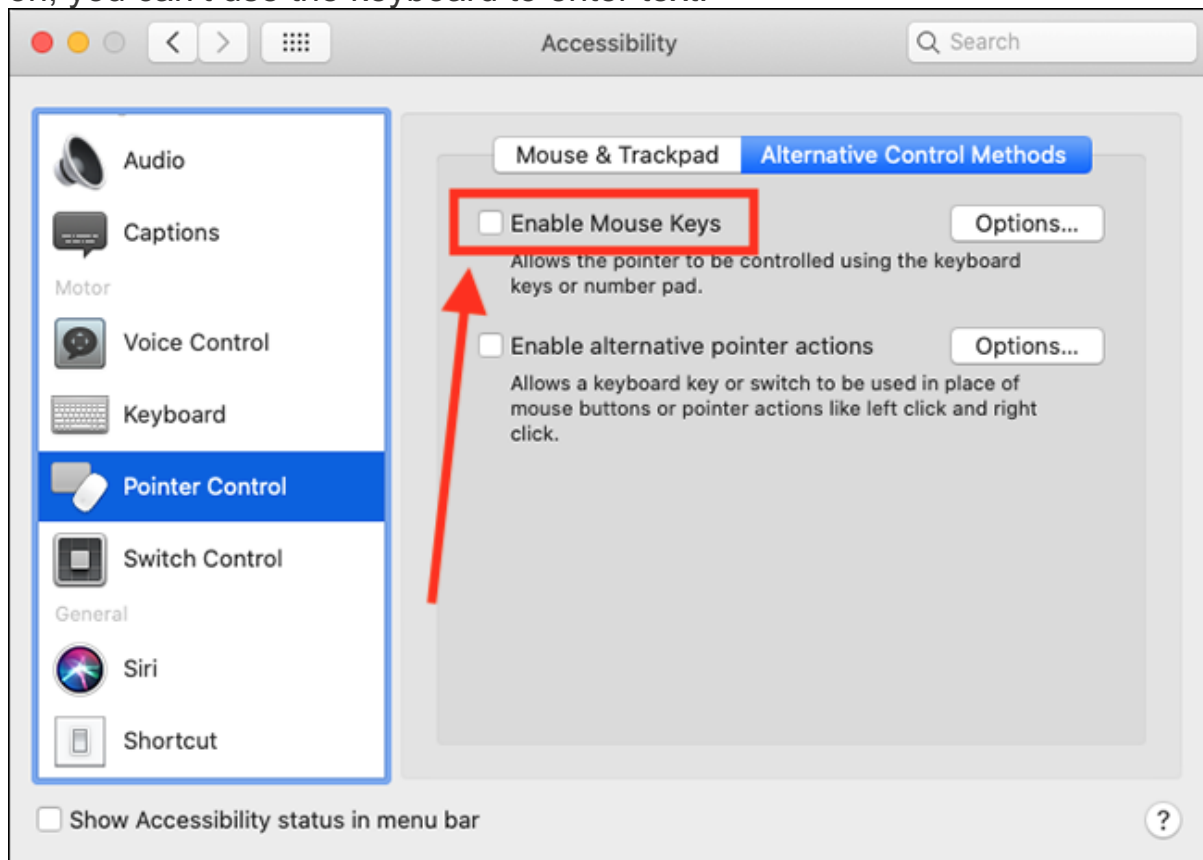
4. On the Accessibility screen, select **Pointer Control** in the left column.



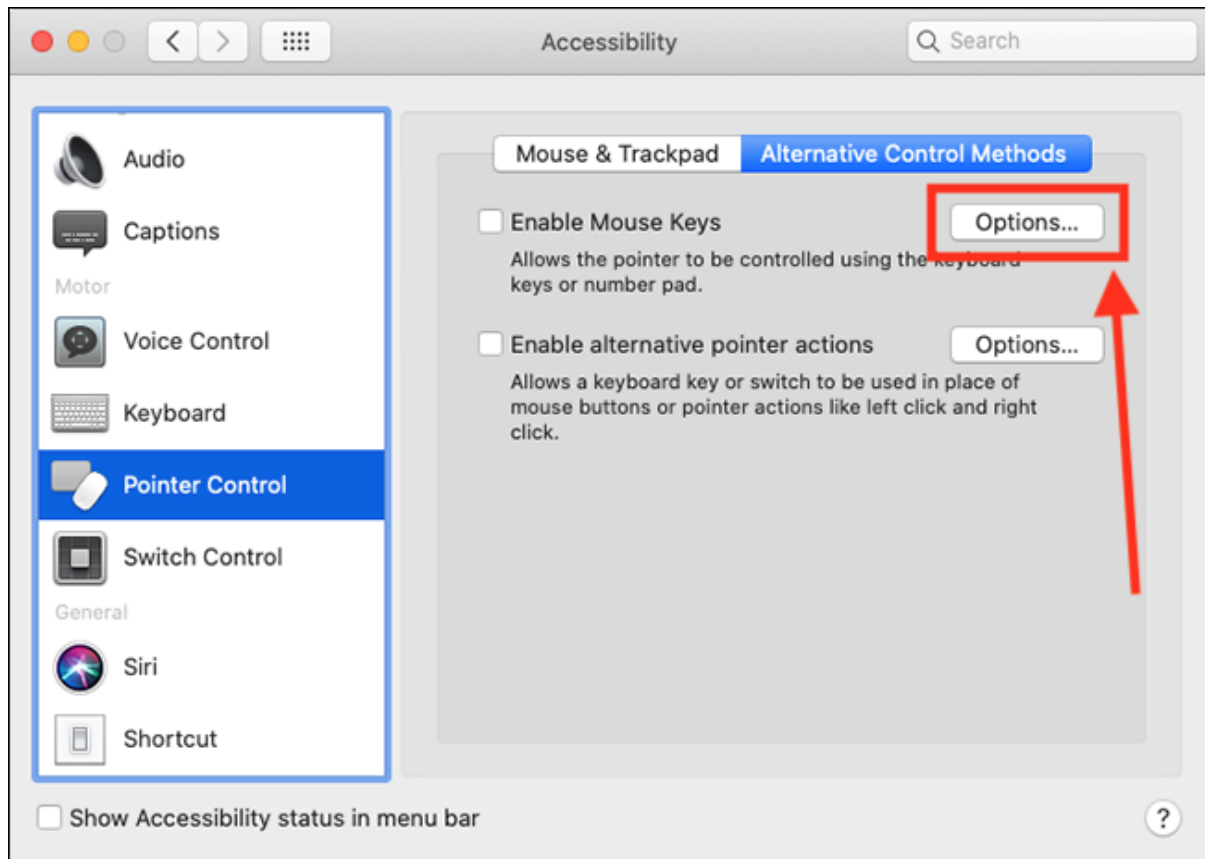
5. In the right column, select the **Alternative Control Methods** tab.



6. Tick the checkbox for **Enable Mouse Keys**. **Note:** When Mouse Keys is on, you can't use the keyboard to enter text.



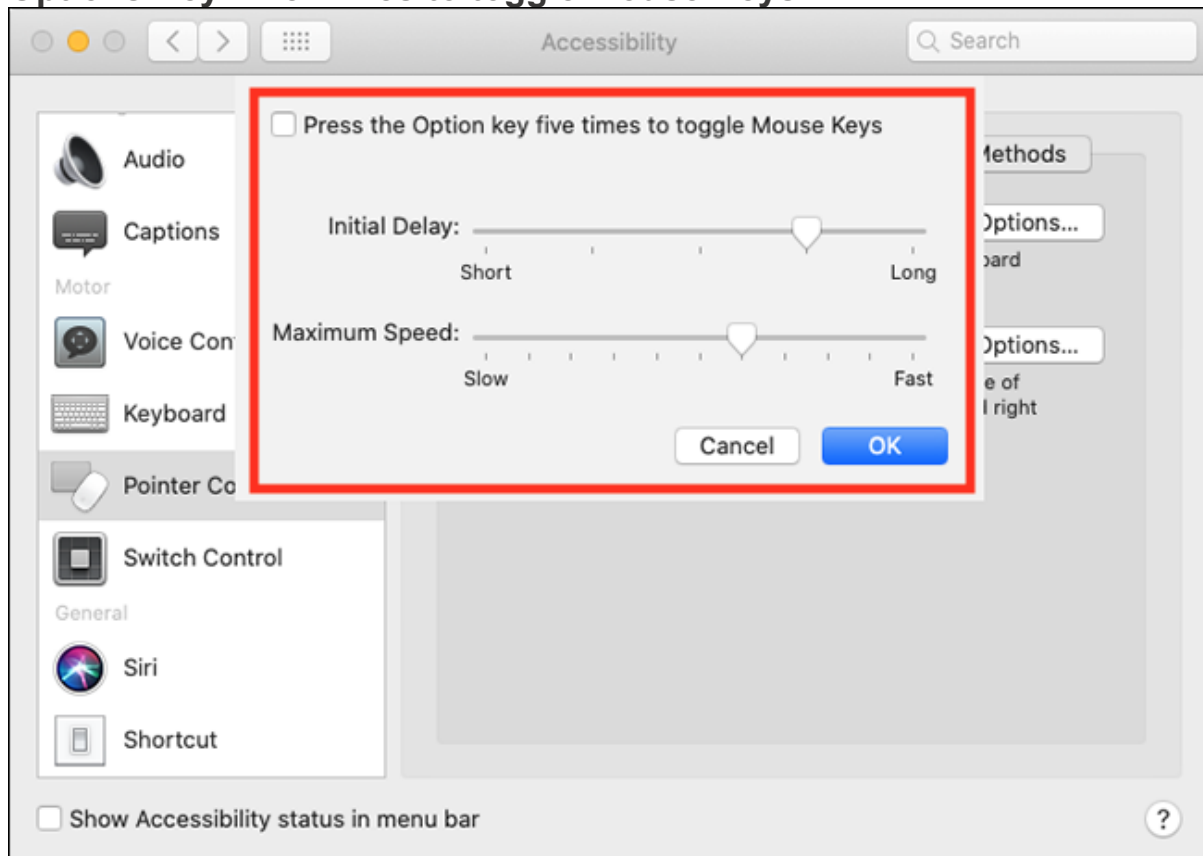
7. You can fine-tune how the mouse pointer behaves when using Mouse Keys. To do so, select the **Options** button next to Enable Mouse Keys.



You can now customise:

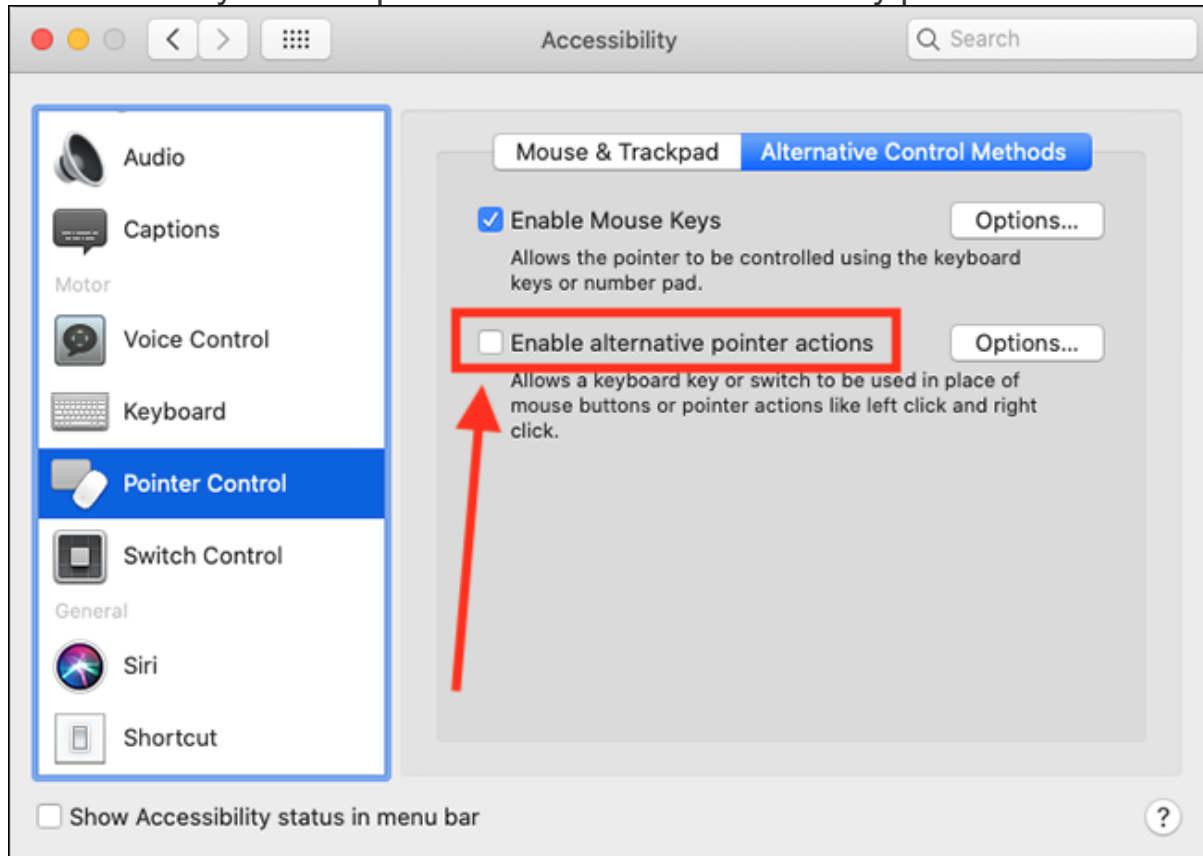
- **Initial Delay:** This is the time between pressing a key and the cursor moving.
- **Maximum Speed:** This is how fast the pointer moves across the screen.
- If you want the ability to turn Mouse Keys on and off by pressing the **Options** (Alt) key five times in a row, tick the checkbox for **Press the**

## Options Key Five Times to toggle Mouse Keys.



8. When using Mouse Keys, you can perform a left click by pressing **5** on a numeric keypad or **I** on a keyboard. You can also set up alternative keys to perform a left click, as well as right click and double click actions. To do so, tick the checkbox for **Enable Alternative Pointer Actions**. **Note:** You may

be asked for your user password to unlock Accessibility preferences.

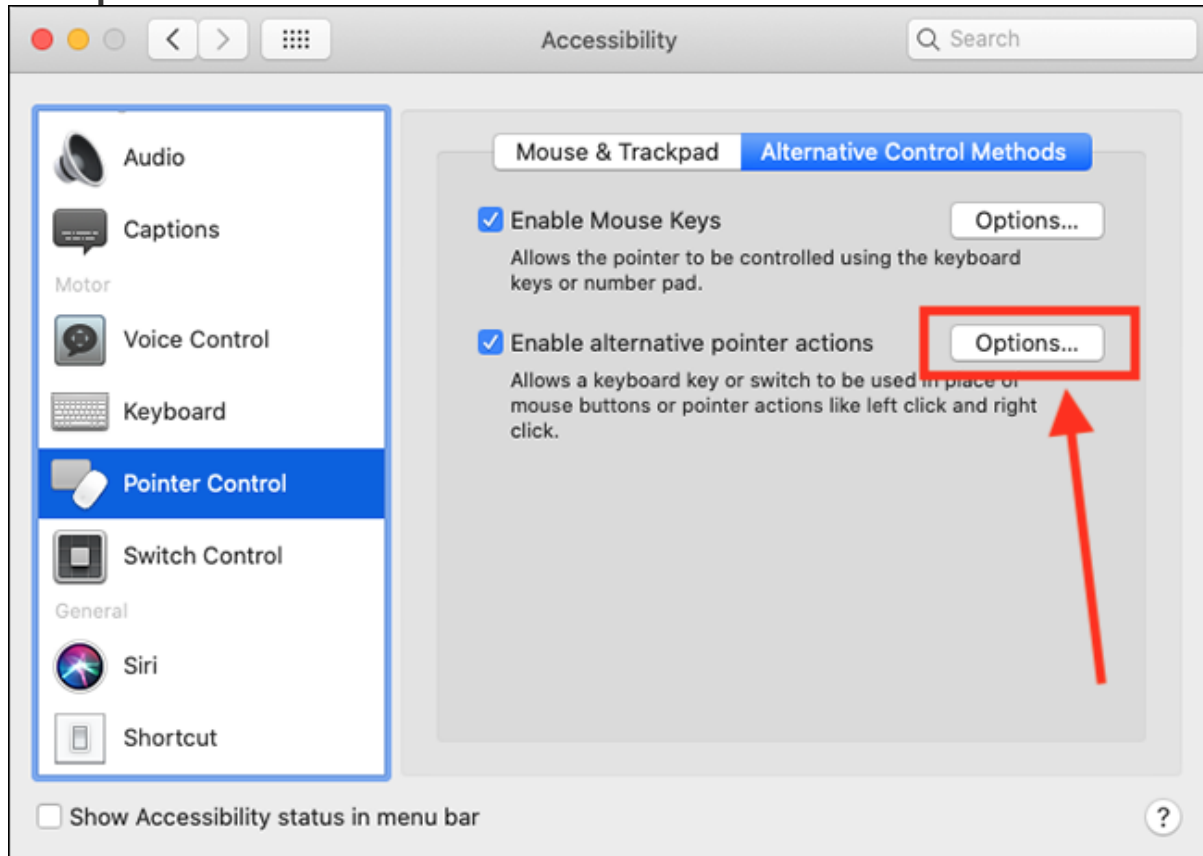


9. By default, the keys assigned to pointer actions are:

- Left click: **F11**
- Right click: **F12**
- Double click: *unassigned*

10. You can change the keys assigned to pointer actions and you can also add additional keys to perform them. To do so, select

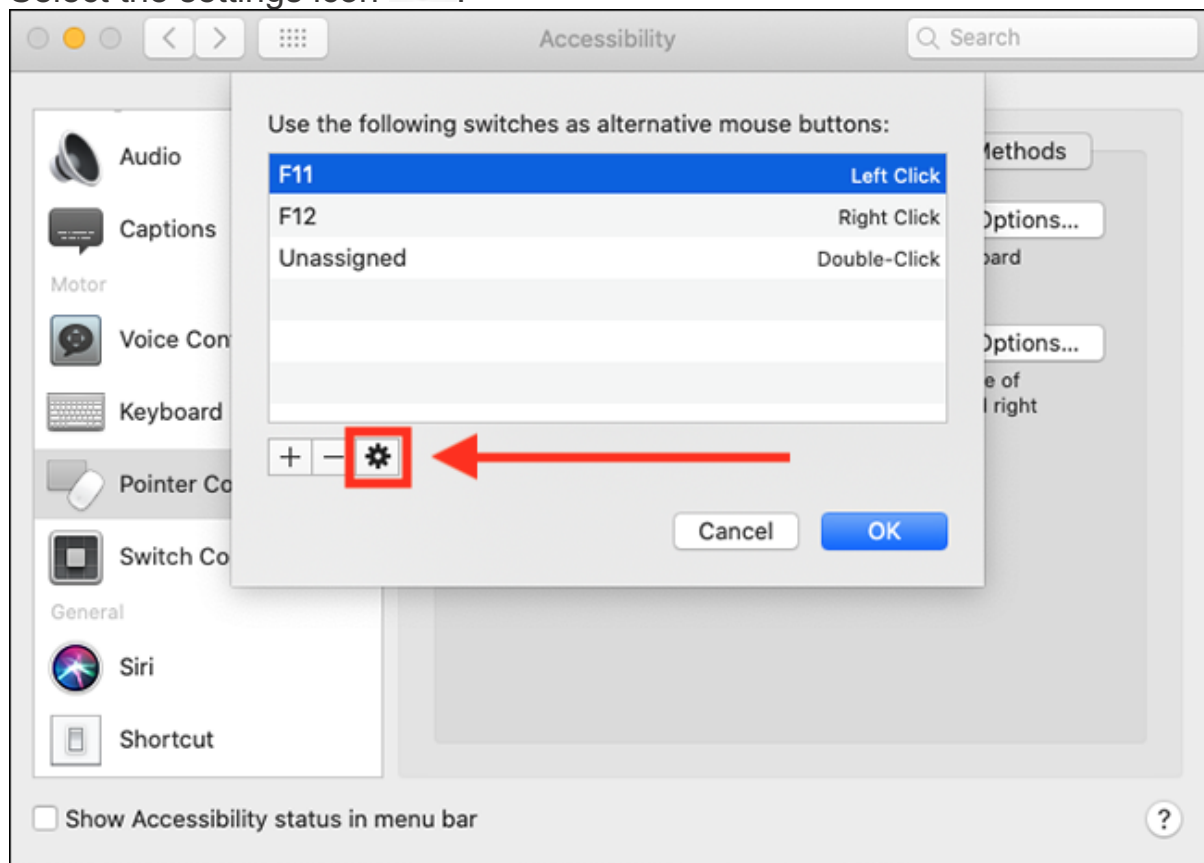
the **Options** button next to Enable Alternative Pointer Actions.



- To change the key assigned to an action:
1. Select the action from the list.

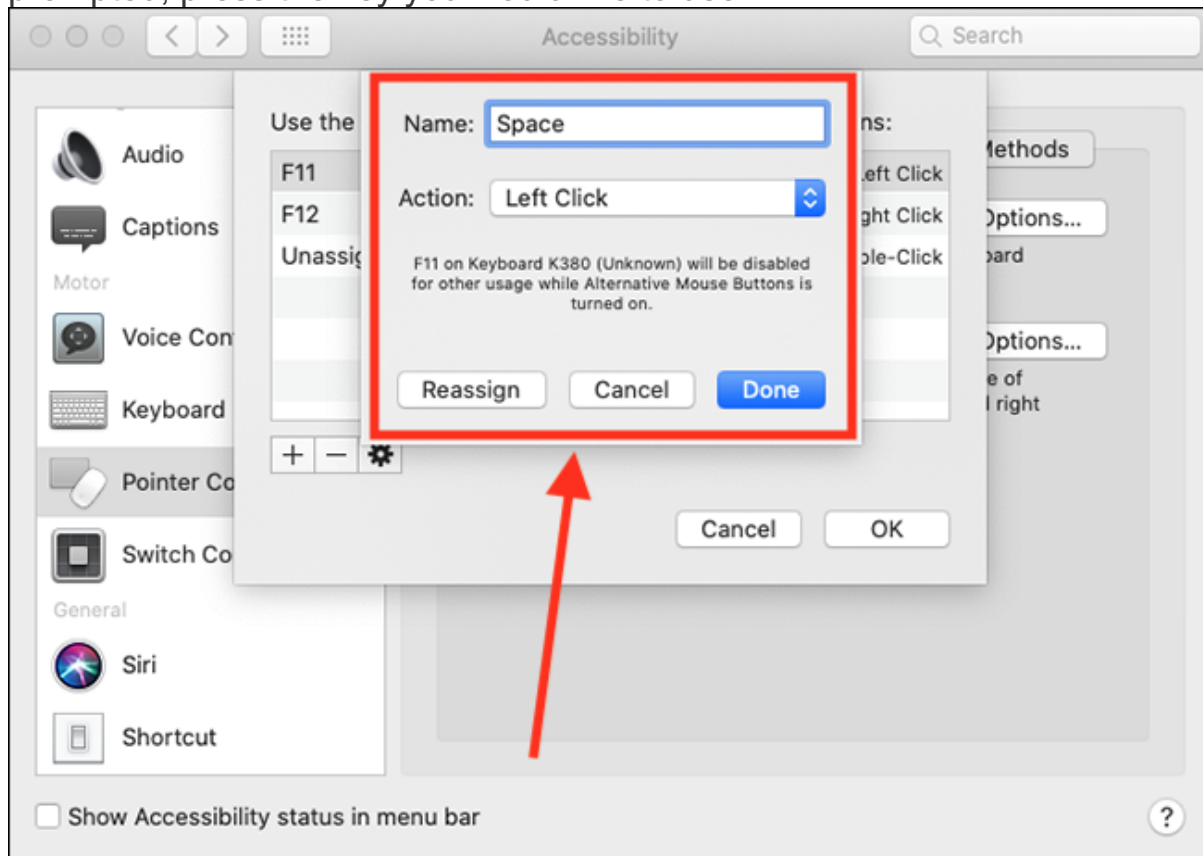


2. Select the settings icon .



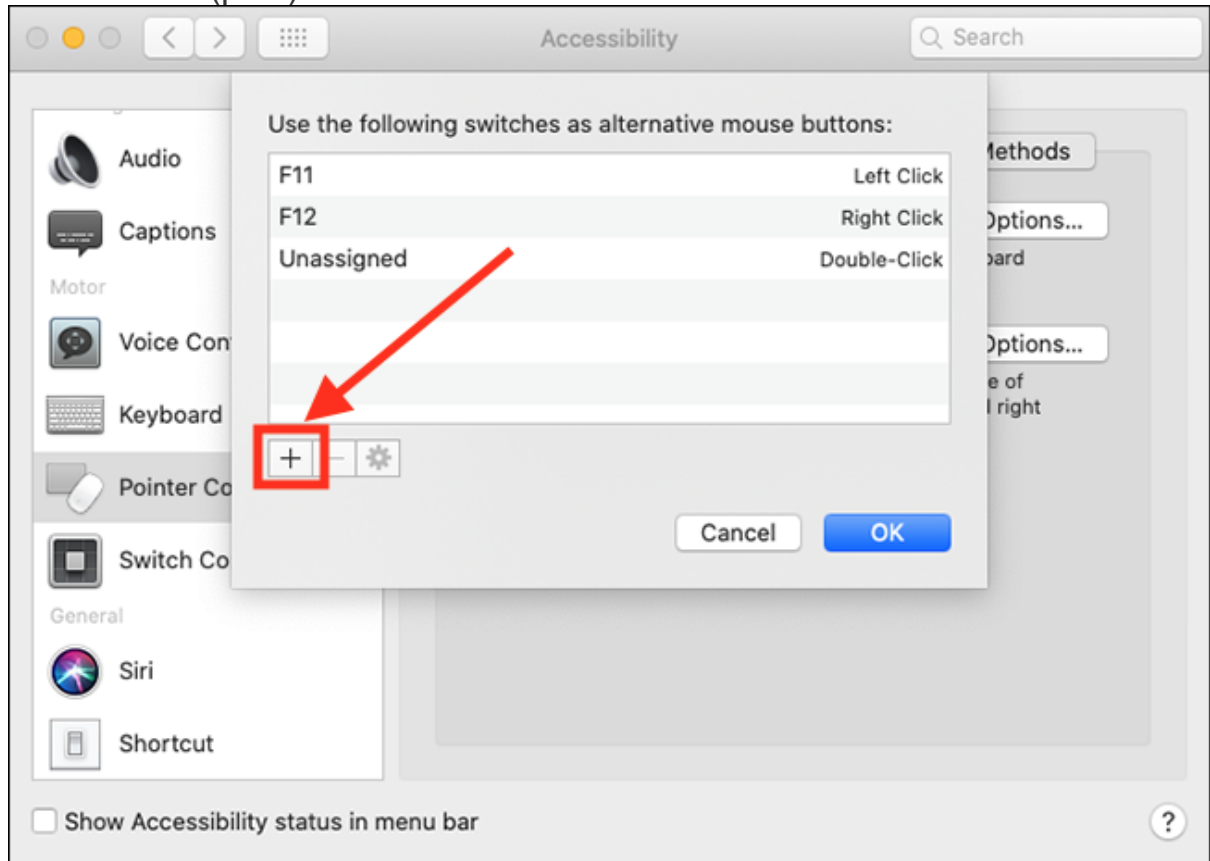
3. Enter the key you would like to use in the **Name** field. – in our example we have used **Space**. Alternatively, select the **Reassign** button, and when

prompted, press the key you would like to use.



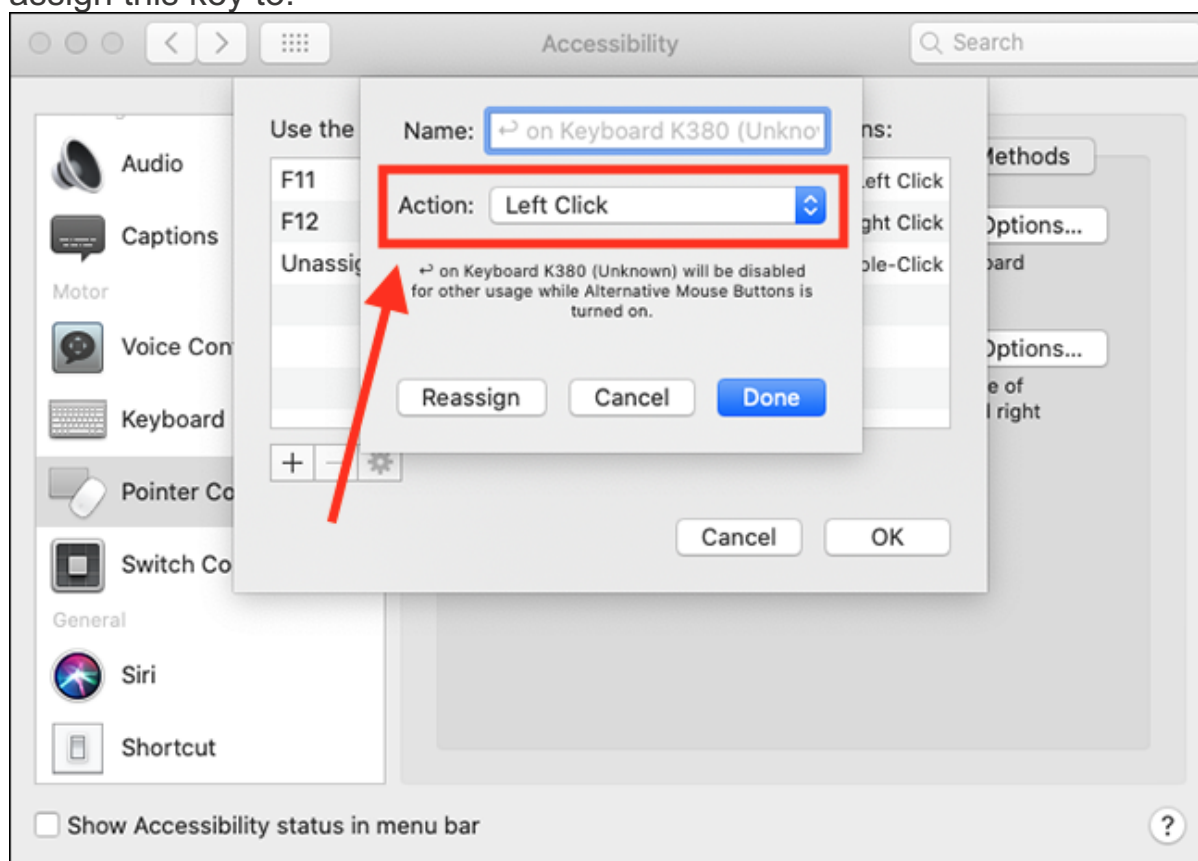
4. Select **Done** to confirm the change.
  - To add an additional key for an action:

1. Select the + (plus) button.



2. When prompted, press the key you would like to us.

3. From the drop-down menu for **Actions**, choose the action you would like to assign this key to.



4. Select **Done** to confirm.
11. When you have finished, click **OK** to return to the Pointer Controls window.

## Using Mouse Keys

When **Mouse Keys** is on, you can move the mouse pointer by holding down certain keys on the keyboard or on the numeric keypad (if you have one).



Keyboard



Numeric Keypad

**To move the mouse pointer:**

*Using the keyboard: 7, 8, 9, U, O, J, K, L*

*Using the numeric keypad: 7, 8, 9, 4, 6, 1, 2, 3*

**To perform a left click:**

*Using the keyboard: I*

*Using the numeric keypad: 5*

**Press and hold the mouse button:**

*Using the keyboard: M*

*Using the numeric keypad: 0 (zero)*

**To release the mouse button:**

*Using the keyboard: . (full stop / period)*

*Using the numeric keypad: . (full stop / decimal point / period)*

**To perform alternative pointer actions** (see step 8, above, to see how to assign different keys to perform these actions):

*Left click: F11*

*Right click: F12*

*Double click: unassigned*