

Little Waltham

PARISH MAGAZINE

Issue 20 - Summer 2022





On Sunday 5th June 2022, Little Waltham Memorial Hall hosted an event for HM the Queen's Platinum Jubilee. As well as refreshments being provided courtesy of the Tesco store, Great Notley, entertainment was provided with singing from the Little Waltham Drama group. The hall was 'full to the rafters' and not just those who attended but volunteers too had a wonderful time gathering together to celebrate this special occasion.



Introducing the Anne Robson Helpline - if you or someone close to you is dying, you can talk to us.

At the Anne Robson Trust we aim to be there to listen to anyone who faces dying or the imminent death of someone they care about. We know that facing the end of life can leave you feeling isolated and alone.

Being able to access support is so important. Gaining knowledge of what may happen towards the end of life and being prepared helps both the person dying and their loved ones to feel a sense of control.

Calls are free and confidential. **Call us on 0808 801 0688 - we have time to talk**

Please visit www.annerobsontrust.org.uk/helpline-service to find out more.





Little Waltham PARISH MAGAZINE

20. Summer 2022

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Front cover photograph courtesy of the Channel's Residents Association

**Local articles of interest, residents views and comments are always
welcome and should be sent to the Clerk of the Council at
clerk@littlewaltham.org.uk**

**Little Waltham
PARISH MAGAZINE**

Whilst Little Waltham Parish Magazine is supported by the Little Waltham Parish Council, the views expressed within it are not necessarily those of the Council





Little Waltham Parish Council

Welcome to the summer issue! There has been quite a lot of changes at the Parish Council and we say goodbye to Councillors Paul Scott, Chloe Tron, Jo-Ann Tinson and to Edith Robertson. Edith was the Chairman of the Parish Council for 7 years. Thanks to everyone for their service to the community and a very special thanks goes to Edith who has been committed to her role as Chairman by representing the Parish at outside meetings and generally leading the Council forward in what have been difficult times of late! You will be able to find her final Chairman's report further on in this magazine.

We welcome Sean Reddings as a new Councillor and if you are interested in becoming a Councillor to fill the remaining vacancies, please feel free to contact me for a chat and I can also send you the application form or you can find out more information under the breaking news section of the website www.littlewaltham.org.uk

Also, please note changed arrangements for Parish Council meetings as the Parish Council is now back to meeting on the first TUESDAY of each month except August and will now be meetings at the MEMORIAL HALL. As ever Residents are welcome to come along and speak in the public session and each meeting will start at 7.30pm.

The play in the park sessions over the Easter holiday were very well attended and two more sessions will be taking place at the recreation grounds on 8th August. You can book your child's place on the Chelmsford City Council website.

By the time you receive this magazine the Platinum Jubilee celebration will have taken place with a beacon lighting at Channels and tea and cakes at the Memorial Hall. Thanks to all those who have been involved in organising those events and let's hope the weather was fine!

The 'Digigo' roadshow took place in the Tufnell Hall car park at the beginning of June and you can find out more about this new on demand bus service further on in the magazine.

The Parish Council has continued to make representations on behalf of the community, including the recent licensing hearing regarding events at Wheeler's Farm, responding to the consultation regarding the proposed solar farm and the new Chelmsford Garden Community and also engaged in relation to the proposals to erect new electricity pylons which will follow the route of the B1008. You can find out more about this serious issue on the Parish Council website <https://littlewaltham.org.uk/national-grid-consultation/>

You will recently have received a leaflet about the future of the Pavilion which is also printed further on in this magazine so if you still wish to make comments about the exciting plans to upgrade the building, please feel free to contact me.

In view of the many issues facing the Parish Council it was decided to postpone the acquisition of outdoor gym equipment and consider the issue again next year. However, the Parish Council has ordered the new goal ends for the tennis court and they are due to be installed in the summer.

Regarding the continuing issue of rat running, the Parish Council has now appointed a traffic consultant and it is hoped to be able to persuade Essex County Council to undertake an origin and destination survey with the aim of demonstrating the extent of the problem and as the County Council is data led will bring extra pressure to bear to find a solution to the issue.

As ever if you wish to contact the Parish Council and raise any issues, please feel free to contact me using the details below.

Suzanne Walker

Parish Clerk (01376 331251) email: clerk@littlewaltham.org.uk



**Little Waltham Open Gardens and
Classic Car Show - Sunday 3rd July
10.30 am to 4.30 pm.**

Do join us for a really enjoyable day out.

We have a good selection of gardens, some large, some small, scattered around the village, which are open to visitors. The classic cars - over 100, both ancient and modern - will be on the recreation area (the old cricket pitch).

Entry is just £5 per adult. Tickets will be available on the day at the Classic car show and most gardens, or they can be purchased in advance from the Farleigh Hospice website.

All the proceeds go to support Farleigh Hospice.

If you need any further details, just contact me on dblaaney@aol.com
Hope to see you there, **David Blainey**



New on-demand electric minibus service for residents

Residents in north-west Chelmsford areas can now access an exciting on-demand, fully electric minibus service called DigiGo. One of the first of its kind in the country, the service responds to demand rather than having set routes, with minibuses able to divert on and off journeys for passenger collection and drop off. DigiGo connects rural communities in north Chelmsford, including **Felsted, Little Dunmow, Barnston, Leaden Roding, Good Easter, Pleshey, Great Waltham, Little Waltham and Great Leighs** to popular locations such as **Chelmer Valley Park & Ride, Broomfield Hospital, and Writtle University College**. The new service operates seven days a week, from 7am to 10pm and caters for everyone; students, families, the elderly, and people travelling to work, with accessible minibuses available for people with disabilities, providing a flexible and environmentally friendly service for people who do not live close to public transport routes.

To book an on-demand journey, residents can download the TravelEssex planning app via their phone's app store or visit www.digigo.uk. After ordering, passengers can pay for their journey via the app and track the location of their minibus in real time. Tickets for the service can also be pre-booked up to seven days in advance. *The Parish Council were pleased to host an information event for this service on 10th June and thanks to the Tufnell Hall for making their car park available.*



I am pleased to report that the Gardening Club held a successful Spring Flower Show in April. There were more entrants, many first time entrants, and a greater number of people who came to view the Show in the afternoon and share a cuppa, cake and chat. The plant sales were well supported.

In May we welcomed Maike Windhorst, an organic grower of many years' experience. Her subject of 'Vegetable Self Sufficiency in a Changing Climate' was very appropriate for the times we find ourselves in. Maike explained the necessity of crop rotation to eliminate the carry over of plant diseases from year to year and enthusiastically described how to grow a greater volume of vegetables from our plots.

Our speaker on WEDNESDAY 1st JUNE will be Zsuzsa Serer who will bring along a selection of herbs and tell us how to grow and use them in the kitchen.

We have a series of afternoon outings planned for the Summer:

WEDNESDAY 15th JUNE - 'Furzelea' in Danbury

WEDNESDAY 13th JULY - A guided tour of Bridge End Gardens Saffron Walden

THURSDAY 4th AUGUST - A guided tour of Easton Lodge, near Dunmow.

WEDNESDAY 7th SEPTEMBER will see us returned to the Memorial Hall at 7.30pm when Andrew Babicz will give a practical demonstration and a power point presentation on 'Seasonal Containers'. Visitors very welcome.

For more information on our activities, please see our website

www.littlewalthamgardeningclub.co.uk or phone Maggie Williams 01245 360042

Please Note: SUNDAY 3rd JULY 'Open Gardens' in Little Waltham in aid of Farleigh Hospice.

Maggie Williams



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Celebrating our allotment sites!

There are two allotment sites in the Parish of Little Waltham – a small six plot area at the rear of the recreation grounds in the village centre and also a much larger site at Blasford Hill.

The Parish Council would like to celebrate the hard work of the tenants who have been growing fruit and vegetable and also cultivating beautiful flowers some of which have been national prize winners!

At Blasford Hill a grant was obtained from the Orchard Trust to purchase more fruit trees for the orchard to complement some of the ancient trees in that area and as well as the orchard the area has a wildflower area, a bug hotel and some of the tenants have constructed chairs and bird tables.



The Parish Council is pleased to be able to provide the allotment sites which encourages sustainable living by 'growing your own' and contributes to the health and wellbeing of residents in the physical exercise of cultivating a plot.

At present there are no vacancies but if you are interested in having a plot then do contact the Clerk and you can be added to the waiting list. Her details are clerk@littlewaltham.org.uk or by phone 01376 331251

ALL ABOUT GARDENS
Garden Maintenance & Clearance
Tree Surgery & Removal
Hard Landscaping
Robert - 07879 003135

Provide your views on the future of the Pavilion



The Parish Council is looking to upgrade the Pavilion for the benefit of the Parish and want to hear your views on the following proposes uses -

- Hosting Parish Council meetings and acting as a base for the Parish Council to improve liaison with residents for example a 'Councillor surgery' where residents can highlight concerns
- Acting as a Community Hub by hosting events for the benefit of Parishioners such as drop in events, health and wellness events and providing useful information for residents including on a noticeboard.
- Being a site for recycling activities including the 'hard to recycle' initiative and hosting 'swap' events such as a book or equipment swap.

Let the Parish Council know what you think of the above proposals and whether you have any other ideas for its use by either sending an email to the Clerk – clerk@littlewaltham.org.uk or you can hand deliver a letter to Councillor Antony Kingham at The Weir, Brook Hill, Little Waltham.



PARISH MEETING 2022.

In the past year the Parish Council has continued with its work on behalf of the community of Little Waltham.

Last year we transitioned from Zoom back to in-person meetings.

Currently we have one vacancy on the PC. Our full complement is 9 councilors. As a result of the Community Governance Review that Chelmsford City Council has undertaken, at the elections next year the size of the Parish will be reduced and the complement of councilors will reduce from 9 to 7. This is as a result of the Channels development being removed from the Parish, this will obviously affect the tax base and reduce the amount of precept that the Parish receives from residents via the City Council. I was pleased that we managed to persuade the City Council to defer the decision about the boundary between us and Broomfield that runs directly through the proposed Bloor development. The City have agreed that this will be reviewed once the houses have been built.

We have dealt with a number of issues during the course of the year - both local and city-wide.

The Local Plan is being reviewed by the City Council and this will need to be monitored closely. As a result of the Green Belt to the south of Chelmsford unfortunately our area is a prime area for further development. The City Council are calling for sites that will inform their future plans for developments.

In terms of the current Local Plan that was adopted in May 2020 one of major issues to affect the village is the proposed Bloor Homes development at the hospital. Currently Bloor are seeking permission for 512 houses, which is more than was allocated to this site under the Local Plan. Apart from the number of houses, one of the other issues relating to this application is the new access road to the hospital. We are fighting to have this road available for everyone visiting the hospital, at present due to an agreement that we were not a party to nor were informed of, the City Council would appear to have come to some sort of agreement with the hospital that this road only be for use of hospital employees and deliveries.

Another issue that comes up on a regular basis is speed of traffic and parking.

We have been successful in having double yellow lines painted at the school to try to improve the parking situation at drop-off and pick-up times. The Parking Partnership have visited on several occasions to enforce the restrictions.

With regards speed of traffic we have a speed gun and a number of trained volunteers who can monitor the speed of traffic. However as a result of the pandemic we have been unable to get out with the equipment over the past two years, however we are now able to get this up

and running again. If you are interested in being part of this and have some time to spare please let us know.

We are also in discussions with the Highways Panel as to physical things that can be done to slow the traffic down and/or deter through traffic. One of the issues of the Bloor development is that we feel that the village will be subject to rat-running from that development from anyone heading into Chelmsford or to the A12 which will exacerbate an already difficult situation. We are trying to get the Local Highway Panel to agree to part fund a destination survey. This type of survey is the evidence that we need to persuade the Highways Panel that there is a rat-running issue, and as a result get their help in trying to deter the through traffic using the village.

There has been a further traffic issue at the Channels development in terms of large HGV lorries using the RDR to access Bulls Lodge quarry. This is necessitated as a result of the bridge being removed over Generals Lane, which allowed them to access the A12. We have lobbied Essex County Council about this issue as the noise and disruption to residents has been intolerable as the lorries start at 5.00am or earlier. We have now signed the lease on the Cricket Ground and also the pavilion. We will be consulting with the Parish about how we might use the Pavilion for the benefit of the community. There are however some works that will need to be undertaken before it can be in effect open to the public, and there are restrictions on the lease as to what use we can put it to.

The Glebe Field has been an issue that we have been concerned about during the past year. As you will be aware the tenants with the goats left the field several months ago. The Church of England are the owners of the land and we have been in discussions with them to see if the Parish Council would be able to lease it for the benefit of the community. You may also recall that there are some outstanding applications about a right of way across the land, these are still being reviewed by the City Council.

We also dealt with issues surrounding the grant of a license to operate a festival event at Wheelers Farm. Despite our submissions and those of others who were directly affected by the event and the resultant behaviour of those attending and against the advice of the Police the Licensing Committee did not agree to remove the license – they allowed the license to continue with the limit of 1,000 participants at events. Recently we have been advised of another application from a different organiser – Wheelers Farm themselves for more events this year. Once again we will make our concerns known to the Licensing Committee.

Our affordable housing project is progressing, but perhaps not as quickly as we had hoped as a result of some legal issues.

Chelmer Housing our partner in this initiative will soon be applying for planning permission.

We continue producing our Parish Newsletter which is published on a quarterly basis. We are delighted that feedback continues to be very positive, and supportive of the initiative.

A lot of our time is taken up with planning applications. Most of these applications are uncontroversial, however where they are not we have made our views clear and where necessary we have attended Planning Committee and other Committee Meetings of the City Council to present our viewpoint.

Other initiatives that we arranged during the year have been the sessions of "Play in the Park" and we have recently arranged a Parish "Litter Pick". We have also engaged with both Macdonalds and Costa Coffee about the litter as much of it emanates from their customers. Both have been very responsive and have assisted in our litter picks with supplying staff to assist and

wild things

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vouchers for those who have taken part. A lot of the work of the Parish Council goes on due to the commitment of my fellow councillors and I would like to thank them for all their work over the past year.

I would also like to thank the other organisations on behalf of the Parish Council who do so much to the help the village and the community.

Thanks are also due to our County Councillor (and City Councillor) Mike Steel and City Councillor and Barry Knight who between them attend the majority of our meetings and are always willing to assist us and help us with City and County Council matters.

The work of the Parish Council is supported by our Clerk Suzanne and on behalf of the Parish Council I would like to thank Suzanne for all her help assistance and support over the past year. I can assure you that she works hard for the Parish and its residents. I continue to get excellent feedback from those who Suzanne has assisted she is a real asset to the Parish Council.

Edith A. Robertson

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Black and White

Half page £140.00 • Quarter page £70 • Eighth page £35

Full Colour

Half page inside the covers £300 • Back cover in full colour £400

To advertise please contact the Clerk Suzanne Walker by email – littlewaltham@gmail.com

Or by phone 01376 331251. Your artwork will need to be sent to the above email address. Payment to be made by cheque to Little Waltham Parish Council.



How Reducing Meat Can Make A Difference

If you've read my past pieces then you'll know my belief in that becoming more sustainable will take time, no one is perfect and by altering minor habits we can make a difference. My favourite quote remains as 'It will take millions of people living an imperfect sustainable life, rather than a few living it perfectly'



Meat consumption is a key topic when it comes to climate change contributions and in our own personal behaviours. 51% of the UK population eats meat every day in meals; that is 34 million people. Globally, livestock farming is estimated to make up more than 14% of all man-made greenhouse gases. That is huge, but because it is huge, you may wonder what reducing one meat portion can actually achieve...can our individual actions make a difference? The answer is yes it does, but that doesn't necessarily mean we have to give it all up.

Beef produces the highest environmental footprint, largely because of the added methane that cows produce. Lamb is having the next highest, but even this impact is 50% less than beef. But getting back to the question, what does reducing one meat portion have on our individual footprints?

Reducing one 75g portion of meat in a meal would save:

- Beef (a burger) - 8kg of carbon emissions; the equivalent of travelling 18miles by car!
- Lamb (two lamb chops) - 4kg of carbon emissions; the equivalent of 34 showers!
- 5 king prawns (farmed) - 3kg of carbon emissions; the equivalent of 15 showers!
- Pork (3 bacon rashers) - 2kg of carbon emissions; the equivalent of travelling 7miles by car!
- Fish (a single fillet) - 2kg of carbon emissions; the equivalent of travelling 7miles by car!
- Chicken (a single breast) - 1kg of carbon emissions; the equivalent of 5 showers!



And that is only for one meal! If we reduced 1 meat meal per week for a year that could save 198kg of carbon emissions. That's 330 car miles!

And that is only as us as individuals. If the 34 million Britons who eat meat everyday were to give up one meat meal a week for a year that could save 102 million tonnes of carbon emissions!

That is just one meal, one vegetable curry included in the weekly plan, and so that one small action together will make a huge difference. What meal will you change?

Written by David Jackson – Sustainability Professional AIEMA, working at the University of Greenwich.

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As you walk down The Street from Ashtree Corner towards Winckford Bridge, you may have seen the Blue Plaque over 'The Old Bakery'. This is where Tom Amos lived and worked all his life.

In 1999 he set up The Tom Amos Charity, leaving it the bulk of his estate. He died in 2003, and since 2009, the Charity set up in his name, has distributed over £800,000.00 to local people and organisations. The objectives of The Charity are the provision of recreational facilities, advancement of education, relief of poverty, advancement of religion and other charitable causes that are beneficial to the community, and covers Chelmsford City Council and the Districts of Uttlesford and Braintree. If you wish to apply for a Grant, the Application details can be found in the website as shown at the bottom of this article.

Tom is buried in St Martins Churchyard, where you can visit his grave. If you are interested in reading more about this fascinating man, and seeing photographs of Tom at work in The Bakery, go to tomamoscharity.org



TravelEssex Journey Planning Made Simple

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TravelEssex is an easy-to-use journey planning app that allows users to view sustainable transport options throughout Essex in one place. This new, free-to-use sustainable travel app can help you plan journeys across the county by train, bus, bike and foot.

Providing real-time travel information, the app gives users journey information, departure times and live alerts for bus and rail services across the county. Users can also select their 'favourite' destinations, so their planned route is only a few clicks away. To plan your next sustainable journey, download the TravelEssex app by searching 'TravelEssex' in the Google Store or Apple app or by visiting www.travelessex.co.uk

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Little Waltham Sports & Social Club

(Rear of Tufnell Hall)



The Street, Little Waltham, CM3 3NY 01245 360867 email: lwssc@hotmail.co.uk

- **A chance to catch up with other local minded residents**
- **Drinks at Club prices**
- **BINGO ON SATURDAY EVENINGS**

We as a Club and many committees past and present have tried over the past 70 years and more to provide a centre where locals and their families to gather and enjoy themselves, we are open to new members and ideas!!

We also have a function Hall with fully licensed bar and Air Conditioning available to hire.

Call in for a drink and see what the Club has to offer.

Membership forms are available in the Club bar

Opening hours Wednesday, Friday 7.30-10.30pm – Saturday 7.30-11.30 Sunday 12.00-3.00pm



Broomfield & District U3A - come along and see us!



We're happy to report that the Broomfield & District U3A is well and truly back in action, having resumed our popular monthly speaker meetings at Broomfield Village Hall. These take place on the 2nd Wednesday of each month, apart from August, and we have a full line-up of speakers booked through December 2022. For dates and times, along with the topics being discussed, have a look at our monthly newsletter, which you can find online at <https://u3asites.org.uk/broomfield/welcome>. Just click on the 'News' page to see the current and previous newsletters. If you are interested in attending but are not yet a member, you can get in touch with us by using the 'Contact' facility on our website.

As well as our monthly speaker meetings, we also have a wide range of special interest groups that members are welcome to join, ranging from walking through photography, canasta, table tennis, geology, and others.

Details of these are also available online in the newsletter.

By the time you read this, we will have had a promotional stall at Broomfield's Festival of Hope, which took place during the Platinum Jubilee Bank Holiday weekend. We provided leaflets about the U3A and various members were on hand throughout the afternoon to talk to interested visitors to the stall.

We hope to see you at a future meeting!



The Little Waltham Drama Group are now in the run up for the play *Steel Magnolias*, written by Robert Harling. The play is both humorous and touching and is set in Truvy's beauty salon where you can always get the best hairdo...and the best gossip! A close group of six women in Louisiana gather there regularly to bond and to offer advice on everything from motherhood and marriage to tragedy and loss.

The show will take place over 3 evenings from July 7th – 9th.

Tickets for the show will be available at the end of June by following the link at www.lwdg.org and we are very much hoping that people from our local community came along to see the play.

Once this show has finished its run we will be starting to think about next year's pantomime and are very keen to welcome new members to our happy and friendly group.

If you think you would be interested in just coming along to see what we are about please contact Vicky Weavers at Victoria_weavers@sparrowhawks.co.uk so that we can give you further information about coming along to meet us all.



Defibrillators in the Parish

The new defibrillator has been unveiled in the Channels section of the Parish by the Skatepark to which the Parish Council made a substantial financial contribution. The Parish Council is pleased to be able to support initiatives that assist the health and wellbeing of its residents and this new defibrillator complements the device that is already available in the red phone box in the village centre. In the photo you can see residents with the Parish Clerk and Councillor Melanie Williamson. There is an aim to hold a first aid training event over the summer available for anyone who lives in the Parish and if you are interested in attending, please contact the Parish Clerk on 01376 331251 or clerk@littlewaltham.org.uk



Also, could you help the Parish Council with the ongoing obligation to regularly inspect the defibrillator in the red phone box in the village centre? If enough people come forward then the obligation would only be once every two months. Training will be provided so please again contact the Clerk for more information.

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- Encourage consideration of adoption to help prevent situations occurring where greater support from Social Care and Health services may be required.



We are looking for volunteers with a good all round knowledge of smart phones, tablets, chromebooks, laptops, smart speakers, bulbs and plugs.

If you think you could help make a difference and would like to become a TEC Mate then please get in touch

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As I began writing this article, which will be my last for the magazine, my thoughts turned to the events in school over the past 14 years. You won't be surprised to read that the list became rather long! We have celebrated a number of Royal events – Diamond Jubilee, Sapphire Jubilee and Platinum Jubilee, two Royal weddings, and 5 Royal births. VE day commemoration went ahead both in school and remotely, I'm sure you will remember the bunting along the school fence.

Nationally we have seen a number of sporting events take place, we were able to take a group of children to see the Paralympic games in London, and followed the London Olympics with enthusiasm, The Tour de France created great excitement and, most recently, the football World Cup.

It has been a pleasure and a privilege to be part of the community of Little Waltham, to be a part of the lives of so many families and to have worked with such a fabulous group of colleagues. Our school governors have continued to support and challenge the school and we are very grateful for all the time they give us. During this time the school has grown in response to increased demand and to ensure its sustainability. The uniform has been 'brightened up' following requests from our school council; it is lovely to experience the sea of blue during worship. Our LOGO, vision, values, mission statement and super skills have all been established through pupil voice and are truly embedded in the life of our school.

We now have nine class bases, our fencing is much smarter and robust. Playground equipment includes many benches (made from recycled plastic), a new gazebo, our daily mile track, block paving in Mr Roger's garden with a new gazebo. School grounds are well maintained with a variety of shrubs. Our computer suite was initially installed about 12 years ago and has recently been updated with a whole class set of computers.

Our links with the Diocese and St Martin's have remained strong and valued throughout the years, we have always enjoyed our church visits, including those to the URC. We hope that these will be resumed very soon, although it is now a very tight squeeze to have children and families all in the church at the same time.

Sadly COVID has made it difficult, and impossible at times, to hold all the events in the same way we have done in the past or even hold them at all. However, during the pandemic our school community remained strong and events were adapted to follow any restrictions and guidance in place. We haven't been able to open our doors for visitors during the pandemic and have missed the local groups who joined us for some of our events and celebrations. Rainbows will be resuming their meetings in school this term and hopefully paving the way for others to visit school again.

Although I am looking forward to spending time with my family in retirement, I will miss everyone at Little Waltham and know that the end of term will bring some mixed emotions. Mr Stephen Saunders will be taking over the reins in September and is exceptionally lucky to have an excellent Deputy in Mrs Baker and the opportunity to work with a fantastic team, wonderful children, all their families, and a super governing body.

I wish you all the very best for the future.

Liz Maycock

Summer 2022





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LITTLE WALTHAM UNITED REFORMED CHURCH

Minister: Rev. Hans Stein 01371 875654 Web Site: www.littlewalthamurc.org.uk
Services at 10.30 am:

	July		14th	Charles DeLacy
3rd	Rev. Geoffrey Griggs		21st	Rev. Geoffrey Griggs
10th	Rev. Geoffrey Griggs		28th	Rev. Hans Stein
17th	Marina Price			<i>(with Holy Communion)</i>
24th	Rev. Hans Stein			September
	<i>(with Holy Communion)</i>		4th	Charles DeLacy
31st	Rev. Hans Stein <i>(Joint service with Dunmow URC at Little Waltham)</i>		11th	Paul Beasley-Murray
	August		18th	Ian Chamberlain
7th	Rev. Geoffrey Griggs		25th	Rev. Geoffrey Griggs
				<i>(with Holy Communion)</i>

On the 1st Thursday of the month there is COFFEE & CAKE from 10.00am to 12.00noon,
and on the 3rd Saturday of the month COFFEE MORNING from 10.00 am to 11.00am.
Please see the Church Notice Board for any updates.

Little Waltham PARISH MAGAZINE

Wilderness Foundation



Gardening for Wellbeing The Wilderness Foundation 'Down to Earth' community allotments Hello and welcome to our 'Down to Earth Allotments'! My name is Carolin Rogers and I am the horticultural facilitator and project manager of the Wilderness Foundation UK Community Allotments. Our garden is situated within the Melbourne Park Allotment Site in Chelmsford. We work across six plots and have a distinct variety of growing space for fruit and vegetables across traditional beds, raised beds and poly tunnels combined with areas left for wildlife. Over the years, we have established a variety of small but valuable habitats to benefit our local wildlife. Organic allotment gardening goes hand in hand with a healthy environment for wildlife as those little creatures benefit our crops in so many ways. And, of course, they benefit us too! Who hasn't smiled at the little robin landing next to you on the spade handle to chirp hello and 'thank you for digging up some worms'?!

We are motivated to make growing food more accessible to a wider audience. Our allotment programme boosts and helps to maintain a healthy and positive mental attitude and supports physical health as well. Connecting people with nature through growing healthy food, activity, socializing and awareness of our beautiful environment is one of the core benefits to mental and physical wellbeing.

The Down to Earth Allotment programme is open to a range of community groups, colleges, schools and individuals. Most of our young adult volunteers are living with mental or physical disability where we can provide new opportunities for young people with complex and severe learning difficulties. Last year, we launched 'Eco Defenders' an environmental-horticultural programme for 10&11-year-old children, now running fortnightly on a Saturday morning. One of the huge benefits of being part of a wider allotment site are the social connections we have formed and treasure to this day.

We also welcome corporate volunteering groups to work in the garden. The positive effect of such initiatives on our plots and our group participants is immense!

With generous timber and compost donations and new raised beds in place, we are very pleased to now have the opportunity to work with NHS patients on the long waiting list for hip and knee replacements as well as cancer survivors. We will be able to offer a safe, sociable, productive and encouraging community space for those people with particular physical and mental needs. Currently the food grown at the allotment is shared amongst those growing it as the best way to learn where our food comes from and engage people with the subjects of nutrition and cooking. We

also donate food to the homeless charity Sanctus in Broomfield to support others in the community in need.

We continue to be grateful to our funders & donors and fantastic support given to the project by all involved. Anybody who wants to get involved with our community allotment project or is able to support us with donations, please get in touch with us as we always look for volunteers to help us maintain our plots and help our participants!

You can speak to me, Carolin Rogers, on 07757 536638 or contact me via email:

carolin@wildernessfoundation.org.uk or visit us online at www.wildernessfoundation.org.uk

With very warm wishes and to another inspiring allotment year,
Carolin Rogers

Little Waltham PARISH MAGAZINE

Channels Residents



On 2nd June 2022, we celebrated another unique milestone in our history, Her Majesty The Queen's 70th year as our Monarch and Head of the Commonwealth – her Platinum Jubilee. More than 1,500 beacons were lit throughout the United Kingdom, Channel Islands, Isle of Man and UK Overseas Territories, and one in each of the capital cities of Commonwealth countries in recognition of The Queen's long and selfless service. The Channels Residents Community Group kicked off the weekend of Jubilee activities taking place in the area with a beacon lighting event in Channels Park.

The event was a huge success and despite a couple of setbacks, which included our live entertainer being struck down with COVID two days before the event, lots of people attended and watched as the impressive beacon was lit at 9.45pm. It had taken over 2.5 hours to carefully load wood into the brazier (which is almost 5m high!) during the morning and the beacon burned brightly whilst the winners of the cake competition and raffle were announced.

A short video is being prepared to commemorate the journey of the Channels Beacon and a plaque marking the occasion will be added in due course. Thanks to Little Waltham Parish Council for providing funding towards the beacon and of course to all those that attended on 2nd June. The beacon is a permanent landmark feature which can be enjoyed at any time by all so if you have not yet seen it, do pop over to Channels Park!





Services at St Martin's Church

St. Martin's Church is open for private prayer
on Sundays from 11.00am – 3.00pm.

At the moment our pattern of services is one communion service every month
on the third Sunday:

19th June at 11.00am

17th July at 11.00 am

**In August we have joint services every week with all our churches taking a
turn**

The joint service at St Martin's will be on 7th August at 11.00 am

For information updates and information on services in the Leighs please see
our notice board or our website:

<https://churchesattheleighsandlittlewaltham.org>

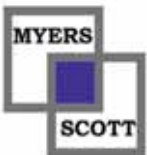
All are welcome at our services

Little Waltham Line Dancing

We are a friendly group of people that get together every Saturday morning
between 10am and 11am at The Memorial Hall for an enjoyable hour of
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fancy a go or want to pop in to take a look, all are welcome. We are social
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